





## **Subventions**

Programme LEADER 2014-2020

GDR-Costa da Morte Region.

GDR-Costa da Morte that consists of the following councils:

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there is a very interesting resource inside the civil architecture.

The Tower of Mouros, which is an impressive fortification dated

in the beginning of the Middle Ages that has extraordinary

"safe places" that were using as a refuge for the population

against the Viking attacks.

FESTIVITIES

panorama from the Louro Mountain to the Fisterra Cape. This

monumental construction would be an oppidum, which were

In the Punta Insua cape there is a construction that is a must,

illuminate the coast from the sea inlet of Muros to Corcubión.

The festivities of Carnota's region gather anyone who

enjoy in the way that Galician people understand the

and the gastronomy are the protagonists.

"festivity". There are other celebrations that acquire more

and more relevance; singular festivities where the culture

the Lariño Lighthouse, which has been built in 1920 in order to











CARNOTA AND

THE MARSHLANDS

OF CALDEBARCOS,

AN ENDLESS WORLD



# PINDO MOUNTAIN THE CELTIC OLYMPUS

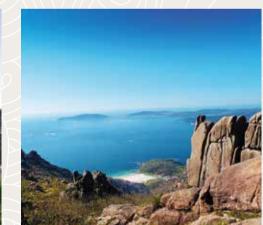
This huge giant of stone reaches 642 m of altitude above sea level. It impress for its astonishing relief and its rose tonality, besides the abundance and the complexity of the granitic shapes that amasses.

It is configured by an outstanding beauty landscape that geologically acquires an extraordinary value; this is the reason why it is considered a Point of Geologic Interest of National

The Pindo Mountain belongs to the Red Natura 2000 by its biodiversity and the ecological value of the species; many of these are catalogued as "special interest", threatened or with any level of protection. This natural heritage has some treasures like the Quercus lusitanica named as "miniature oak" that is highly valued and is a biological singularity.

The source documents confirm that the archaeological remains situate the prehistoric man in this place. From the following epoch are the walls that close down the steps and would be big defensive constructions dated in the 4th-6th Centuries.

The San Xurxo Castle was built on the granitic outcrops of "Pedrullo", which was a part of a coastal castle net in order to defence and control the coast from the maritime attacks of the Vikings and Saracens. During the Civil War, many people went to the caves to take refuge. Thousands years of erosion have shaped anthropomorfous and zoomorph formations, creating surreal landscapes and being the place in Galicia where you can observe more formations of this type.



## BEACHES

In addition to the emblematic Carnota Beach, along the 42 kilometres of littoral in Carnota's region there are an endless list of beautiful beaches and splendid inlets.

The San Pedro do Pindo beach has a special beauty due to its white sand and the amazing crystal clear and turquoise water.

Lariño is excellent to play nautical sports. It is a long and solitary beach with beautiful surroundings where you will enjoy the beauty of an unspoilt area with astonishing sunsets next to the lighthouse and the beach in Lariño, which has fine white sand and is a paradise for surfers. Moreover, it contrasts with the picturesque inlets with river stones located in the northern area.

For those who want to spend the day on the beach, have lunch and go to terraces there are several beaches in the urban area such as Porto de Quilmas, Cancelo Graos or the Caldebarcos beach.



## one of those places that transport you to a magical world of dreams, where an enormous beach competes with the endless ocean at the bottom of a sacred mountain that reproduces the shades of the fire along the sunset. It is considered as the longest beach in Galicia, being perfect in

All that we can say about the Carnota beach is little. It is

order to get lost along its 7 km. In the centre of the beach there is an incredible landscape with enormous stones that look like fallen from the sky and buttered along the big natural pools with crystal clear and turquoise water. This place is known as Boca do Río.

Behind the enormous beach, there is a singular ensemble of dunes and marshlands with an interior lagoon that shelters interesting flora and fauna. It is an ideal place to observe birds due to it is used as a refuge for multitude of species along their migratory routes and for others that stay here along the year.

You will be able to observe cormorants, northern gannets, Eurasian oystercatchers, whrimbels, herons and ruddy turnstones. Besides it is one of the few places in Galicia where the puffin nests. In order to protect this important biological and landscape wealth, the LIC Carnota-Monte Pindo has been founded, being declared this place as Special Protection Area for Birds.







## These constructions were used as warehouse and to dry the corn. They could be made of stone, wood or both of them together. They were sometimes related to the power of the aristocracy and the church; this is the reason why they could reach these extraordinary measurements.

The Carnota Stilt Granary is one of these giants. It is an icon that no visitor ignores. It is recognised as National Monument and dated in 1768. It has 34 m length and 22 pair of feet, being the longest in Galicia of fisterrán style (made from the Fisterra's

Its author was Gregorio Quintela, who has given to this construction a functional character with beauty and the add-on of baroque adornments. It is a part of an interesting architectonic ensemble which is composed by the stilt granary, the rectory with a pigeon loft and the church.

Visiting the Lira stilt granary is also a must because it has similar measurements, with 22 pair of feet and 36.53 metres of length. It has been built between 1779 and 1814. It is located over a platform made of stone.



# THE MINA GIANT

It is one of the most famous and emblematic anthropomorphous formations in the Pindo Mounatin. It is a rock that looks like a great prehistoric sculpture.

It is located in Chan de Lourenzo, a plain situated 400 m above sea level, where there was an ancient wolfram exploitation.



action of the programme is managed

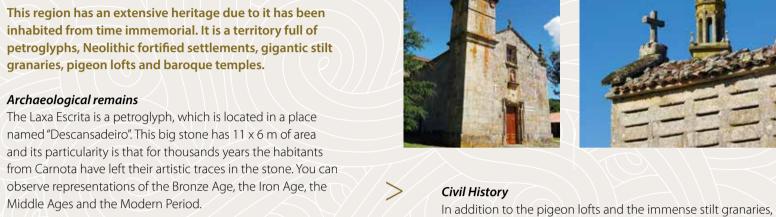
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There are other petroglyphs such as Filladuiro, As Laxiñas, Rego Lamoso, Porta Ventosa and Prousos Magos.

In relation with the army culture, the best conserved example is the Neolithic fortified settlement in Mallou that even shows the remains of walls and dwellings. Its main outdoor area takes up an area with egg shape around 4.450 square metres.

### **Religious History**

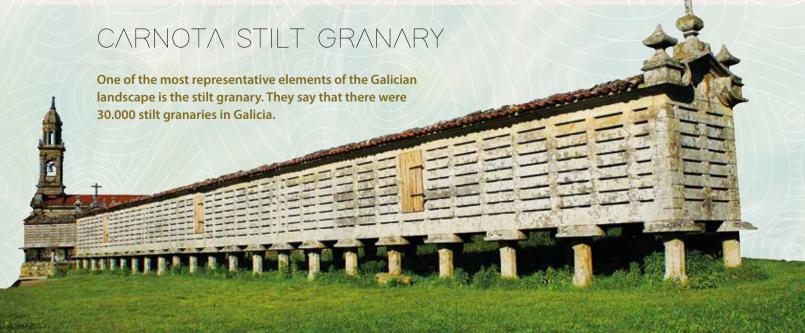
HERITAGE

The baroque church of Santa Columba de Carnota (18th Century) is composed by an architectural ensemble, where there are a church, the rectory, the pigeon loft and the stilt granary. The bell tower was made by the master stonemason Carlos Aboy and in the inland there are sculptures of the sculptor Ferreiro.

The baroque church of San Mamede (1755) boasts in its interior a beautiful neoclassical altarpiece made by the sculptor Ferreiro and in its facade stands out the sundial.



There are several festivities such as the Carnival, the Saint John and the International Conference of the Traditional Culture, where the culture is the protagonist with stage plays, short stories, the "sardiñada" (a lunch where some people get together to eat sardines) and the tasting of the Galician pie. In addition to this, the "Cachelada de Mallou" is a gastronomic festivity that takes place the last weekend of August with the tasting of "cacheladas", which are elaborated with typical regional products such as: sardines, jacket potatoes, onions and a bit of olive oil served with the typical Galician bread made of corn (broa) and rye bread. In this festivity, the neighbours compete for the tastiest and best presented "cachelada".



# COSTA DA MORTE

# A TERRITORY FULL OF WEALTHS

The Costa da Morte GDR is a non-profit organization that has been created to integrate and represent the different territorial, institutional, social and economical agents, both the public and the private, who are interested in promoting and developing this

Our responsibilities are related to the paperwork of grants of the "Leader Galicia 2014-2020" Program and the promotion and dissemination of our territory. We inform and act as consultant to the rural population about the rural development programmes. Moreover, we stimulate the participation as well as we promote, gain initiatives and accompany the promoters in the process of project maturation.

Other aspect of our work consist in publishing our appreciated resources and the great heritage of these regions, such as the tourism, the gastronomy and the immaterial, artistic, archaeological or natural heritage.

The Costa da Morte GDR is composed by 17 councils: Cabana de Bergantiños, Camariñas, Carballo, Carnota, Cee, Corcubión, Coristanco, Dumbría, Fisterra, A Laracha, Laxe, Malpica de Bergantiños, Mazaricos, Muxía, Ponteceso, Vimianzo and Zas.

Each council is unique and provides our initiative with a great value; from natural, economical, tourist, cultural, gastronomic and patrimonial resources to pioneering initiatives of the habitants. The uses of these resources promote the development of our territory.

